Below is a brief outline of the programs available to the children for participation:

**Harold’s Surprise**
Early Stage 1 (K) - Healthy food choices, importance of physical activity, safety

**Harold’s Mystery Tour**
Stage 1 (Yr 1) - Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making

**Harold’s Heroes**
Stage 1 (Yr 2) - Environmental health issues, emergency procedures, individual needs for medicines and safe use and storage.

**All Systems Go**
Stages 1 & 2 (Yrs 2-3) Function of body systems, peer pressure, second hand smoking, safety with medicines.

**Harold’s Diary**
Stage 2 (Yr 3) - Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyles

**bCyberwise NEW!**
Stage 2 (Yrs 3 & 4) – Explores cybersafety through animation, vox pops of children, relevant scenarios, discussion & problem solving.

**Mind Your Medicine**
Stage 2 (Yr 4) - Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication

**On the Case NEW!**
Stage 3 (Yr 5) – Short and long term effects of smoking, effects of passive smoking, laws, peer influence, and refusal skills.

**Think Twice**
Stage 3 (Yr 6) - Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.

**It’s Your Call IMPROVED**
Stage 3 (Yrs 5 & 6) – Definition of legal drugs, decision making, emotions, peer pressure, risk taking, problem solving, safe and appropriate use of communication technology

The programs address many of the components and objectives within the NSW PDHPE curriculum.

Teachers of composite classes will choose the program which best suits the needs of their children.

**THE COST IS $10.00 PER CHILD.**

- Payment can be made through the school website. (DO NOT DIRECT DEPOSIT MONEY INTO THE SCHOOL BANK ACCOUNT). Please mark on permission slip for online payments.

I give permission for ...........................................Class......................

to attend the Life Education program and enclose $............. cash/cheque

or I have made an online payment. My receipt no. is .....................

Signature.....................................(Parent/Guardian) Date..........................